

WHO WE ARE

CUS Catania (Centro Universitario Sportivo - University Sports Centre) is the organisation that has managed the sports facilities of the University of Catania since 1947, promoting the practice, dissemination and enhancement of physical education and university sports activities.

CUS proposes itself as a place of aggregation, where one can find the answer to different needs, ranging from the need to have fun to that of feeling fit, from the desire to find true well-being to that of relieving the tensions of daily life.

In short it is a multifunctional environment, where you can participate in group activities and strengthen your mind and body.



CUS

Catania



HISTORY

A very long history: 75 years. A milestone that our University Sports Centre has celebrated in 2022.

It was founded on 8 July 1947 and represents the hub of sports activities at the University of Catania. From the very beginning, it has successfully promoted the practice, dissemination and enhancement of physical education, the promotion of recreational-sports tournaments, as well as competitive practice among young people.

ACKNOWLEDGEMENTS

Over the years, CUS Catania has achieved various awards, including twelve championships in hockey, several national and international awards in fencing, as well as a gold and bronze medal at the 1984 Los Angeles Olympics, and a silver medal at the 1976 Montreal Olympics.

TALKING ABOUT NUMBERS

CUS Catania hosts 18 different sections and is affiliated with all the most important sports federations.

Throughout its history, CUS Catania has organised sports events of national and international importance: the 1997 Universiade and the 1964 and 2005 Italian University Championships are certainly the most prestigious.

Furthermore, alongside its competitive activity, CUS Catania plays an important role in the university sports life of students from all over Sicily.



CUS Catania, in particular, aims to intervene at four different levels:

1) Promotion and increase of the educational-sports practice of the different national and CUSI sports disciplines, in the form of beginners and advanced courses, as well as amateurl sports tournaments for university students.

2) Promotion and increase of competitive practice within the framework of the National Sports Federations and CUSI, at national and international level.

3) Promotion and increase of the practice of sport among young people, within the framework of CONI's activities.

4) Inclusivity: great importance in terms of education and health that CUS Catania attributes to sport.

This is demonstrated by the various initiatives also in the social sphere, dedicated to the youngest and those with the most difficulties.

Such as 'Sport ability in disability', a project started in 2018 that has social inclusion through sport as its mission.

It is aimed at children and young people with high-functioning autism spectrum disorder.





FACILITIES



CITTADELLA UNIVERSITARIA:
ATHLETICS TRACK, RUGBY, FOOTBALL AND CLIMBING

CUS
Catania



PALA ARCIDIACONO:

Fencing, tennis, basketball and volleyball



CIRCOLO NAUTICO:

Port of Catania (Molo di Levante): canoe rowing, canoe polo.

FOR STUDENTS

CUS Catania offers a varied series of recreational sports activities in which university students as well as the teaching and technical-administrative staff of the Catania University can take part.

In addition to the gymnastics courses + weight room on two levels + cardio area (including Pilates, TBW, body conditioning, cross cardio, cross training, parkour, climbing, etc.), collateral activities are offered, such as the summer and winter sports campuses organised by CUSI (Centro Universitario Sportivo Italiano) at various tourist locations in Italy.

It is also possible to take part in the numerous tournaments (football, five-a-side football, tennis, basketball, volleyball, etc.) organised during the academic year at CUS facilities.

As well as to be part of the university teams taking part in the tournaments and events organised at regional, national and international level.

Of particular importance are the National University Championships (CNU), an event in which university athletes from the University of Catania compete on a national level against students from all the universities in Italy.



WHO CAN SIGN UP?

- *Students*
- *Postgraduates, PhD students, Fellows*
- *UNICT employees and family members*
- *Club (graduates of the University of Catania)*

All students of the University of Catania will be able to sign up for free, with which they will be able to use the athletics track and take part in the various activities included in the FULL OPEN FITNESS subscription.



HOW TO SIGN UP

Go to CUS secretariat with:

- Identity document;*
- Medical certificate for non-competitive activity;*
- University enrolment fees.*

Each member can access his or her personal area by registering in the app from which he or she can manage the various activities.



UNIVERSITA' DEGLI STUDI
CATANIA

FILIO D'ATENEIO
MEDICINA

TOURNAMENTS

Palio d'Ateneo

Università
di Catania

CLUB
Catania

72

It can be called the Games of the University of Catania and CUS.

The 19th edition will be celebrated in 2024.

Palio d' Ateneo is, by tradition, a goliardic-sporting team event organised by CUS Catania in collaboration with the student representatives in the collegiate bodies of the University of Catania, which in the last editions has gathered more than a thousand students in the competition.

University students regularly enrolled for the current academic year, reported to the organising committee by the student representatives of each department, responsible for forming the teams, participate in the event.

For years, Palio has been the festival of university sport, in which not only the students but also the lecturers take part in the various sporting challenges, providing great excitement under the banner of healthy competitive spirit as the absolute protagonist of the entire event.





YOU CAN FIND US IN VIA SANTA SOFIA, 64

THE CUS CATANIA AREA IS SERVED BY:

- *The 442 LINE;*
- *The BRT 1 LINE;*
- *Metro shuttle from MILO STATION.*

Busses that run between the train station and several areas of the city of Catania (including Piazza Stesicoro, Piazza Borgo, Viale Fleming etc).

**CONTACT US
FOR FURTHER
INFORMATION**



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GALS
Catania

**THANKS FOR
YOUR
ATTENTION**